

Year 10	Substantive Knowledge	Disciplinary Knowledge	Assessment
Half-term 2 (Form Time)	<p>Core theme: Health & Well being</p> <p>Mental Health</p> <p>New Challenges</p> <ul style="list-style-type: none"> ✓ Identify the challenges young people might encounter <p>Negative Thinking</p> <ul style="list-style-type: none"> ✓ Identify examples of unhelpful and helpful thoughts in a common situation. ✓ Knowing where to seek support. <p>Recognising Mental Health</p> <ul style="list-style-type: none"> ✓ Name mental health issues that commonly affect young people ✓ Recognise signs that someone may need support. 	<ul style="list-style-type: none"> ✓ Explain strategies to help manage challenges ✓ Analyse how mental health and emotional wellbeing can change through life. ✓ Create a set of tips for young people experiencing change. ✓ Explain different ways of challenging unhelpful thoughts. ✓ Using different scenarios identifying some key feeling and thoughts that would be associated. ✓ Evaluate the benefits and potential issues of speaking to a different range of people in terms of support. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment

<p>Half-term 3 (Form Time)</p>	<p>Core theme: Living in the Wider World</p> <p>Financial Decision Making</p> <p>Attitudes towards money</p> <ul style="list-style-type: none"> ✓ identify the necessities money is needed for. ✓ Describe emotions/feelings that people may have towards money <p>Borrowing Money</p> <ul style="list-style-type: none"> ✓ Identify when the financial year starts and ends ✓ Define the terms 'credit', 'debt', 'saving' and 'borrowing' ✓ Identify the different ways a bank makes money <p>Budgeting</p> <ul style="list-style-type: none"> ✓ Define the term 'budget' 	<ul style="list-style-type: none"> ✓ Evaluate the advantages and disadvantages to being wealthy. ✓ Evaluate the advantages and disadvantages of borrowing money. ✓ Budget a month allowance on house and luxuries and explain why the money has been spend this way. 	<ul style="list-style-type: none"> ✓ Self evaluation ✓ Pupil voice ✓ Formative Teacher assessment
<p>Half-term 4 (Form Time)</p>	<p>Core Theme: Health & Wellbeing</p> <p>Exploring Influence</p> <p>Alcohol and Drugs</p> <ul style="list-style-type: none"> ✓ Recognise key drugs and alcohol ✓ Describe the long- and short-term effects of alcohol 	<ul style="list-style-type: none"> ✓ Analyse why people's views of alcohol and drugs changes. ✓ Explain how people can overcome alcohol and drug abuse. ✓ Describe how gang-like culture operates. ✓ Analyse the law ✓ Understand the risks of county lines. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment

	<p>County Lines</p> <ul style="list-style-type: none"> ✓ Define county lines ✓ Raise awareness about county lines ✓ Identify where you can get help ✓ Understand the role of the police <p>Knife Crime</p> <ul style="list-style-type: none"> ✓ Understand the law surrounding knife crime. ✓ Identify crimes associated with knife possession. 	<ul style="list-style-type: none"> ✓ Explain ways in which young people can respond appropriately to pressure from gangs. ✓ Evaluate the rise in knife crime in the UK ✓ Explain how people are impacted by knife crime. 	
<p>Half Term 5 (Lessons)</p>	<p>Core Theme A: Living in the Wider World</p> <p>Work Experience</p> <p>Career Development</p> <ul style="list-style-type: none"> ✓ Identify the different types of qualifications <p>Career Adversity</p> <ul style="list-style-type: none"> ✓ Define 'career adversity' ✓ Identify different types of adversity in the work place. <p>Online Presence</p>	<ul style="list-style-type: none"> ✓ Evaluate the advantages and disadvantages of different qualification ✓ Apply know of qualifications to a business plan ✓ Develop strategies for overcoming challenges and adversity ✓ Evaluate and build on the learning from challenges faced during a career. ✓ Describe how to maintain a positive personal presence online. ✓ Evaluate my own current online presence. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment

	<ul style="list-style-type: none"> ✓ Name different types of social media ✓ Identify the risks associated with social media ✓ Understand why an employer may look on social media. <p>Work Experience</p> <ul style="list-style-type: none"> ✓ Understanding the importance of work experience ✓ Identify ways in how to gain work experience ✓ Identify do's and don't for a work experience placement <p>Core Theme B: Relationships</p> <p>Extremism & Radicalisation</p> <p>Communities</p> <ul style="list-style-type: none"> ✓ Communities, inclusion, respect and belonging ✓ Recognise radicalisation ✓ Strategies to respond to difficult situations <p>Equality Act</p>	<ul style="list-style-type: none"> ✓ Describe how you can use the work experience hints and tips in your chosen work place. ✓ Describe how social media can distort, mis-represent or target information in order to influence beliefs and opinions. ✓ Challenge discrimination online and in person 	
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	<ul style="list-style-type: none"> ✓ Understand the equality act <p>Challenges & Adversity</p> <ul style="list-style-type: none"> ✓ Identify the different challenges and examples of adversity presented to different groups of people. <p>Discrimination</p> <ul style="list-style-type: none"> ✓ Define discrimination ✓ Give examples of different types of discrimination 		
<p>Half Term 6 (Lessons)</p>	<p>Core Theme: Healthy Relationships</p> <p>Healthy Relationships</p> <p>Consent</p> <ul style="list-style-type: none"> ✓ Define consent and manipulation ✓ Identify when consent should be given. <p>Sexting</p> <ul style="list-style-type: none"> ✓ Define sexting ✓ Give examples of sexting ✓ Address misconceptions about sexting 	<ul style="list-style-type: none"> ✓ Recognise and challenge victim blaming ✓ Evaluate the opportunities and risks of forming and conducting relationships online. ✓ Describe how to manage the impact of the media and pornography on attitudes, behaviour and expectations. ✓ Analyse the law in regards to consent, coercion and manipulation. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment

	<ul style="list-style-type: none">✓ <p>Contraception</p> <ul style="list-style-type: none">✓ Identify different contraception methods.✓ Understand the importance of contraception		
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Year 11	Enquiry Question/Lesson Focus	Substantive Knowledge	Disciplinary Knowledge	Assessment
Half-term 1	<p><u>Living in the Wider World – Careers</u></p> <ul style="list-style-type: none"> • Post 16 options • John Rigby College • Open Evenings • College Applications • CV Writing <p><i>Every other week will consist of Careers in the Spotlight.</i></p>	<ul style="list-style-type: none"> ✓ Identify different colleges and course available. ✓ Identify the different types of qualifications that can be achieved post-16. ✓ Identify the key components of writing a CV. ✓ Discuss the variety of courses. 	<ul style="list-style-type: none"> ✓ Evaluate the different qualifications and understand which one may benefit each student’s career choices. ✓ Produce a CV and college applications and begin applying to college. 	<p>There is no formal assessment in PSHE.</p> <p>Pupils will be tested on the following skills:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment
Half-term 2	<p><u>Health & well being</u></p> <ul style="list-style-type: none"> • Binge drinking • Sunbed tanning • Online pain challenges • Under the knife – cosmetic surgery <p><i>Every other week will consist of Careers in the Spotlight.</i></p>	<ul style="list-style-type: none"> ✓ Identify the dangers of binge drinking, sunbed tanning, pain challenges and cosmetic surgery. ✓ Discuss why some people choose to take part or use the different examples. ✓ Describe the impact these have on others. 	<ul style="list-style-type: none"> ✓ Evaluate the use of sun bed tanning. ✓ Describe reasons why people binge drink, use sunbeds etc. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment
Half term 3	<p><u>Relationships</u></p> <ul style="list-style-type: none"> • Controlling behaviour • Consent • Sexual bullying/harassment 	<ul style="list-style-type: none"> ✓ Identify the characteristics of controlling behaviour and a healthy relationship. 	<ul style="list-style-type: none"> ✓ Explain the importance of giving consent and understanding when it is needed. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment

	<i>Every other week will consist of Careers in the Spotlight.</i>	<ul style="list-style-type: none"> ✓ Discuss the importance of consent and challenging sexual bullying/harassment. ✓ Describe the law behind consent. 	<ul style="list-style-type: none"> ✓ Explain why controlling behaviour may take place. ✓ Awareness of who to speak to if needed. 	
Half-term 4	<p><u>Health and Well-being</u></p> <ul style="list-style-type: none"> • Anxiety – Living with Anxiety • Stress – Managing Stress • Depression • A-Z of coping strategies <p><i>Every other week will consist of Careers in the Spotlight.</i></p>	<ul style="list-style-type: none"> ✓ Define the key terms; anxiety, stress and depression. ✓ Identify the symptoms/characteristics of anxiety, stress and depression. ✓ Discuss the possible support networks available for those suffering with anxiety, stress or depression. 	<ul style="list-style-type: none"> ✓ Explain triggers that may increase the level of anxiety, stress of depression. ✓ Evaluate different methods in managing stress. 	<ul style="list-style-type: none"> <input type="checkbox"/> Self evaluation <input type="checkbox"/> Pupil voice <input type="checkbox"/> Formative Teacher assessment
Half-term 5	GCSE exams commence.			
Half-term 6	GCSE exams			

Students have one lesson each week delivered in form.