

CURRICULUM OVERVIEW OF: KS3 PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 Topics	Boys do the following sports over the course of the year: Football, rugby, handball, volleyball, fitness, badminton, trampolining, athletics					
	Girls do the following sports over the course of the year: Football, Hockey, handball, netball, fitness, badminton, trampolining, athletics, gymnastics, dance					
Year 7 Rationale	<ul style="list-style-type: none"> - Pupils begin to study the 8 sports they will study through to GCSE level. - 8 sports have been selected to provide a combination of breadth and depth. - Pupils develop a broad base of skills and begin to apply them in match situations. - Pupils gain knowledge of some GCSE PE theory topics through the practical lessons. - Pupils learn to work with others and develop a range of social, physical and mental skills. - Pupils learn the importance of decision making. 					
Year 8	Boys do the following sports over the course of the year: Football, rugby, handball, volleyball, fitness, badminton, trampolining, athletics					
	Girls do the following sports over the course of the year: Football, Hockey, handball, netball, fitness, badminton, trampolining, athletics, gymnastics, dance					
Year8 Rationale	<ul style="list-style-type: none"> - Pupils continue to study the 8 sports they will study through to GCSE level. - Pupils continue to develop their range of skills and gain more experience of applying them in match situations. - Pupils continue to gain knowledge of some GCSE PE theory topics through the practical lessons. - Pupils learn to work with others and develop a range of social, physical and mental skills. - Pupils increase the speed of their decision making. - At the end of year 8 pupils are ready to study at GCSE level. 					