



## Relationships and Sex Education (RSE) Policy

**Date Adopted:** December 2019

**Date of next review:** January 2021

**Name of Responsible Person:** Mrs S Barker

The Governors and staff of Lowton Church of England High School are committed to the provision of a high quality education in a Christian context. We aim to provide a school where we can live out our ethos of Caring, Learning and Succeeding on a daily basis. At the heart of the commitment is the notion of the uniqueness and infinite worth of the individual, that every person is valuable in the eyes of God

This policy has been produced in accordance with the Equality Act 2010 and the Special Education Needs Disability Act 2001, the SEND Code of Practice 2014, the Children and Families Act 2014, Keeping Children Safe in Education 2019 and Working Together to Safeguard Children. It has been reviewed in accordance with all other school policies and related Acts.

**Signed:** \_\_\_\_\_  \_\_\_\_\_ **Chair of Governors**

**Date of signature:** December 2019

**Note:**

Parents have the right to withdraw their children from some or all of the Sex Education delivered as part of statutory RSE. In order to comply with these regulations this policy is made available to parents on the school website alongside an outline of the curriculum. Parents are invited to talk to S Barker if they have any queries linked to the curriculum.

**Relationships and Sex Education definition at Lowton CofE High School:**

Relationships and Sex Education at Lowton CofE High school is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. RSE aims to give our students the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. As a Christian community we will also reflect on the Christian beliefs about relationships and sex and the values that people of a Christian faith place on intimate and non – intimate relationships.

The school will provide an environment which promotes self-respect and confidence in all students with regards to healthy personal relationships and will work in partnership with parents, carers, external agencies and other stakeholders, to reflect the wishes and culture of the community we service.

**Purpose:**

Relationships and Sex education at Lowton CofE High School aims at supporting all students to make positive life choices and experience positive, fulfilling relationships through life. We provide students with the information they need to help them develop healthy, nurturing relationships of all kinds in an age - appropriate and inclusive way. RSE aims to improve the self-worth and confidence of each individual and encourages mutually respectful relationships and empathy for others. It is not about the promotion of sexual orientation or sexual activity.

**Aims and objectives:**

- Recognition of the value of family life, marriage and stable loving relationships for the nurture of both children and adults.
- Encouraging respect for oneself and others moral and spiritual values
- Tolerance of different values and attitudes to lifestyles
- Exploring moral dilemmas and developing critical thinking skills as part of decision making.
- Developing self-confidence, self –esteem and empathy for themselves and others.
- Managing emotions and developing skills to make effective choices and take responsibility for their actions.

The following key areas will be covered with students at suitable points in the curriculum dependent on our student's age and stage of maturity:

- Emotions and relationships
- Physical development
- Sexuality, reproduction and sexual health
- Healthy and unhealthy behaviour within relationships

- Consent including reasons for delaying sexual activity
- Contraception
- STIs
- Local and National Health Services.

**Implementation:**

RSE will be taught in formal lessons in the following curriculum time - Year 7 and 8 in RE, Year 9 and 10 it will be taught alongside the GCSE RE curriculum and in year 11 RSE will be taught in the RE lesson. Whole class discussions are encouraged, with the opportunity for questions to be asked and answered, in a sympathetic and sensible environment.

**Year 7:**

- Relationships
- Peer Pressure
- Growing and Changing
- Emotions
- Self esteem
- Friendships
- Communication

**Year 8:**

- Body Image and the media
- Diversity in sexual relationships
- Growing and changing
- Consent
- Healthy v's Unhealthy relationships

**Year 9 and 10:**

- Consent
- Contraception
- STIs

**Students also follow the AQA Religious Studies syllabus they examine:**

- Sexuality and diversity within sexual relationships
- Marriage
- Role of Parents

**Year 11:**

- Consent
- Acceptable and Unacceptable behaviour
- Contraception
- STIs
- Exploitation specifically within relationships and sexual Pornography and its impact on relationships

Students in Year 9 complete RSE during Enrichment Day

RSE may also be taught within RS and Science lessons, when moral and ethical issues may arise.

**Confidentiality:**

Staff may not offer or guarantee confidentiality and must follow the schools Safeguarding and Child Protection Policy in the case of a student making a disclosure.

**Monitoring and Evaluation:**

Monitoring and evaluation of the RSE policy and scheme of work is the responsibility of the RE co-ordinator and is conducted and reviewed as part of the monitoring of the RE curriculum that also covers Careers, Citizenship and Personal, Social and Health education.

**Links to other school policies:**

Policies that support work in this area include:

- Safeguarding Policies
- Anti-Bullying
- SEND policy
- Safeguarding and Child Protection Policy